



Dear Justine,

As we arrive at the Fall Equinox on **Monday, September 22**, we step into a season of balance and transition. Just as nature begins to let go, we are reminded of the beauty in releasing what no longer serves us. This is a powerful time to embrace change, cultivate stillness, and prepare for the growth to come.

🌿 Take a mindful walk outside

As the air cools and the leaves begin to shift, let yourself be fully present in nature. Notice the colors, scents, and textures that signal change. Walking with awareness reminds us that transition can be both gentle and beautiful, and that we too are part of this rhythm.

🌿 Journal about what you're ready to release

Fall is the season of letting go, just as the trees release their leaves. Take a few quiet minutes to write about the patterns, beliefs, or habits that no longer serve you. Naming what you're ready to release clears space for new growth and opens the doorway to deeper alignment.

🌿 Create a ritual of gratitude

Before we move into the stillness of winter, fall invites us to celebrate the harvest. Reflect on the blessings, achievements, and lessons you've gathered so far in 2025. Write them down, speak them aloud, or share them with a loved one. Gratitude not only anchors us in the present but also amplifies what we're ready to call in next.

🌿 Upcoming Events

Learn Animal Communication – The Telepathic Way

📅 Begins Tuesday, September 23, 2025 – 7:00 PM CT (7-week digital course)
📍 Online via Zoom
💰 \$697

🔥 **Description:** Yes, you can communicate with animals—no special gifts required! In this 7-week course, you'll learn the 10-Step Method, the Trust Method™, and explore six types of animal communicators to discover your natural style. Includes live weekly sessions, recordings, and lifetime access.

🔗 [Register Here](#)

The Enneagram of Body, Mind & Spirit

📅 Wednesday, September 24, 2025
📍 Vernon Hills, IL 60061
💰 See registration page for details

🔥 **Description:** Unlock the wisdom of the Enneagram with author Rosemary Hurwitz. Explore nine universal personality patterns and gain deeper self-awareness, improved communication skills, and richer relationships. Includes a written Enneagram assessment. No prior knowledge required.

🔗 [Register Here](#)

Freedom Era Summit

📅 September 26–28, 2025
📍 Online + Private Facebook Group
💰 Free (Optional Ticket Upgrade Available)

🔥 **Description:** Shed old roles and beliefs with this FREE 3-day summit—a mind-body-spirit journey to rediscover your purpose and embrace change. Featuring 13 expert speakers, you'll learn to release limitations, reclaim your truth, and step fully into your freedom. Choose to upgrade for bonus resources and an enhanced experience.

🔗 [Register Here](#)

Angels & Intuition – Women's Mini-Retreat

📅 Sunday, October 5, 2025 | 1:00–5:00 PM
📍 The Lovelight Connection, Grayslake, IL
💰 \$111

🔥 **Description:** Learn about the five clairs, meditate with the archangels, and practice intuitive readings in a supportive circle. Leave feeling deeply connected, confident, and empowered in your angelic guidance.

🔗 Register via: Zelle (773-251-5527), Venmo (@Jill-Kempner), or PayPal (<https://www.paypal.com/paypalme/angeljill44/111>)

Final Call: Awaken Your Sacred Self – Teotihuacan, Mexico

📅 October 11–16, 2025
📍 Teotihuacan, Mexico
💰 \$3,000 (all-inclusive, excluding airfare)

🔥 **Description:** A once-in-a-lifetime sacred journey into the heart of Teotihuacan. Experience private access to energetic vortexes, ceremonies with indigenous shamans, Toltec teachings, and a firewalk on sacred land.

🔗 [Learn More & Register](#)

Whispers Behind the Mask – Masquerade Ball

📅 Saturday, October 25, 2025 | 5:00–11:00 PM
📍 Lehmann Mansion, Lake Villa, IL
💰 See registration page for details

🔥 **Description:** Step into a night of magic, mischief, and moonlight at this elegant masquerade. Dance beneath chandeliers, mingle with masked strangers, and celebrate a night of mystery and enchantment.

🔗 [Register Here](#)

🔥 Closing Reflection

As we transition into fall, may we find the courage to release what no longer serves us and the clarity to welcome what's next. Together, we continue to create community, inspire change, and support one another on this collective journey.

With gratitude,

The Collective Journey Team

🌿 Stay Connected with The Collective Journey

We're honored to walk this sacred path with you—uplifting, supporting, and inspiring one another every step of the way.

To continue growing together, we'd love for you to stay connected with us through our online spaces:

🌿 Discover new events, meet incredible local practitioners, and explore meaningful tools to support your journey.

🌿 Follow us on social media:

📘 Facebook: facebook.com/thecollectivejourney

📷 Instagram: instagram.com/thecollectivejourney25

👤 Meetup: meetup.com/the-collective-journey

🌿 Explore more:

Visit our homepage to browse upcoming events, discover local practitioners, and find your next step on the journey:

🌐 www.thecollectivejourney.org

Feel free to share this with your community, and keep an eye out for more events, practitioner spotlights, and spiritual tools coming your way.



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