



Dear Justine,

As autumn deepens, the air grows crisp, the days shorten, and the veil between light and shadow grows thin. Nature is whispering a reminder: release is sacred. Just as the trees surrender their leaves, we too are called to shed what no longer serves us.

This is the season of shadow work—the practice of looking inward with honesty and compassion. Shadow work is not about dwelling in the dark; it is about bringing light to the places we've hidden, ignored, or feared. When we meet these parts of ourselves, we create space for healing, integration, and powerful transformation.

If you'd like to lean into this practice, try:

- **Journaling prompts:** What story am I ready to rewrite? What am I holding onto that weighs me down?
- **A simple ritual:** Light a candle in a dark room, sit quietly, and invite a hidden part of yourself to step forward. Ask: what do you need to be seen, loved, or released?
- **Reflection:** Remember, your shadows are not enemies—they are teachers guiding you back into wholeness.

As we walk together through this season, let us embrace both the shadows and the light, knowing that in doing so, we embody our fullest, most radiant selves.

🌟 Featured Experiences

🌟 The Angelic Cycle Breaker Series

Transforming Pain into Peace with Angel Love

Join Angel Coach and author **Jill Kempner** for six live sessions designed to help you break cycles of pain and elevate your angelic connection. Through angelic teachings, guided meditations, and sacred reflection, you'll receive accountability, alchemy, and alignment.

📅 Wednesdays, Oct 29 – Dec 10 (skip Nov 26)

🕒 7–9 PM CT

📍 Zoom (Replay provided)

💰 \$189

🔗 [Register Here](#)

📦 Strong Foundations: Two-Day Workshop for Women

Build Confidence in the Foundation of Your Business

Brought to you by Grateful Connections & Purse Strings, this workshop helps women entrepreneurs remove the guesswork and stress from legal and financial foundations. Learn directly from a business attorney, insurance specialist, bookkeeper, and banker from First Women's Bank—expertise worth thousands, bundled at a fraction of the cost.

📅 October 28 & 30, 8:30 AM – 12 PM

📍 Online

💰 2-Day VIP: \$272 | 2-Day Regular: \$197 | 1-Day: \$127

🔗 [Register Here](#)

🎭 Whispers Behind the Mask – Masquerade Ball

Step into a night of **magic, mischief, and moonlight** at this enchanting masquerade. Dance beneath chandeliers, mingle with masked strangers, and celebrate mystery and elegance.

📅 Saturday, October 25, 2025 | 5:00–11:00 PM

📍 Lehmann Mansion, Lake Villa, IL

👁️ See registration page for details

🔗 [Register Here](#)

👁️ Closing Reflection

The shadows remind us that growth is not always about shining brighter, but about daring to sit with the unknown. As you journey inward this season, may you remember that every part of you is worthy of love, and every shadow holds the seed of light.

Together, as a community, we honor both the brilliance and the mystery. May this season guide you to release with grace, embrace with courage, and rise with renewed clarity.

With love and solidarity,

The Collective Journey Team

💚 Stay Connected with The Collective Journey

We're honored to walk this sacred path with you—uplifting, supporting, and inspiring one another every step of the way.

To continue growing together, we'd love for you to stay connected with us through our online spaces:

🌱 Discover new events, meet incredible local practitioners, and explore meaningful tools to support your journey.

🌟 Follow us on social media:

📘 Facebook: facebook.com/thecollectivejourney

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👤 Meetup: meetup.com/the-collective-journey

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Visit our homepage to browse upcoming events, discover local practitioners, and find your next step on the journey:

🌐 www.thecollectivejourney.org

Feel free to share this with your community, and keep an eye out for more events, practitioner spotlights, and spiritual tools coming your way.



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