



Dear Justine,

As the days grow shorter and the air turns crisp, the veil between worlds begins to thin. This is the season of *release and renewal*—an invitation to clear what no longer serves and strengthen your energetic foundation.

This month, we turn our focus to **Spiritual Protection & Energy Cleansing**—honoring the sacred balance between being open to life and maintaining the sovereignty of your own energy.

#### Spiritual Protection & Energy Cleansing

Just as we cleanse our homes and bodies, our energy fields need care and attention. When we hold space for others, create, or simply move through the world, we absorb energetic residue that can weigh us down.

Here are a few practices to support your energetic hygiene:

##### Strengthen Your Boundaries

Notice when energy feels “off” or heavy. Ground yourself with breath, visualize roots extending deep into the earth, and call your energy back to you.

##### Cleanse with Intention

Crystals like **black tourmaline**, **selenite**, and **smoky quartz** act as natural protectors. Use **sage**, **palo santo**, or **incense** to shift energy in your space, or opt for a **sound bath** to recalibrate your vibration.

##### Maintain Daily Alignment

Salt baths, meditation, or a simple light-shield visualization can help you stay clear and balanced. Remember—protection isn’t about fear; it’s about presence, awareness, and self-honoring.

#### Upcoming Events

##### Whispers Behind the Mask – Masquerade Ball

Step into a night of **magic, mischief, and moonlight** at this enchanting masquerade. Dance beneath chandeliers, mingle with masked strangers, and celebrate mystery and elegance.

**Saturday, October 25, 2025 | 5:00–11:00 PM**

**Lehmann Mansion, Lake Villa, IL**

[See registration page for details](#)

<https://innambs.com/pages/whispers-behind-the-mask-a-masquerade-ball>

##### The Angelic Cycle Breaker Series

*Transforming Pain into Peace with Angel Love*

Join **Angel Coach & Author Jill Kempner** for six live sessions to help you break cycles of pain and elevate your angelic connection. Through teachings, guided meditations, and reflection, you’ll receive accountability, alchemy, and alignment.

**Wednesdays, Oct 29 – Dec 10 (skip Nov 26)**

**7–9 PM CT**

**Zoom (Replay Provided)**

**\$189**

<https://go.jillkempnerhealing.com/angeliccycle>

##### Intuitive Alchemy Academy

Join a sacred, transformative space where your intuition can expand, your spirit can speak, and your practice is nurtured. Each month, you’ll experience live intuitive readings, personalized guidance, and community connection. Whether you’re new to intuition or a seasoned seeker, this gathering will deepen your trust in your inner wisdom.

**Wednesdays on Zoom**

**11:11 AM – 12:11 PM CST**

**\$49.99**

[Register Here](#)

##### Join The Collective Journey

We’re a community of conscious creators, practitioners, and visionaries devoted to healing the world—one journey at a time. If you’re ready to share your gifts, grow your impact, and connect with a network of aligned souls, we’d love to welcome you in.

<https://thecollectivejourney.org/about-us/>

With love and luminous energy,

**Daphne & The Collective Journey Team**

*Creating Community, Inspiring Change*

##### Stay Connected with The Collective Journey

We’re honored to walk this sacred path with you—uplifting, supporting, and inspiring one another every step of the way.

To continue growing together, we’d love for you to stay connected with us through our online spaces:

Discover new events, meet incredible local practitioners, and explore meaningful tools to support your journey.

##### Follow us on social media:

**Facebook:** [facebook.com/thecollectivejourney](https://facebook.com/thecollectivejourney)

**Instagram:** [instagram.com/thecollectivejourney25](https://instagram.com/thecollectivejourney25)

**Meetup:** [meetup.com/the-collective-journey](https://meetup.com/the-collective-journey)

##### Explore more:

Visit our homepage to browse upcoming events, discover local practitioners, and find your next step on the journey:

[www.thecollectivejourney.org](https://www.thecollectivejourney.org)

Feel free to share this with your community, and keep an eye out for more events, practitioner spotlights, and spiritual tools coming your way.



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