



#### Dear Justine,

Hello and Welcome to 2026!

We're stepping into **Year Two of The Collective Journey**, and before anything else—we want to say *thank you* for being here.

This year isn't about rushing forward or reinventing yourself overnight. It's about **deepening roots, widening reach, and moving with aligned momentum**.

Our 2026 theme is **Elevate & Expand**—and we're beginning exactly where we should: with renewal, intention, and connection.

#### 🌱 January Theme: Renew & Rise

January invites us to pause before we push.

To listen before we plan.  
To rise from clarity—not pressure.

*Renew & Rise* is about choosing a grounded start:

- Releasing what no longer fits
- Reconnecting with what matters
- Setting intentions that feel sustainable, honest, and true

This is a year of **next-level growth**, but it starts by honoring where you are *right now*.



#### 💖 Our First Connect Event of the Year — You're Invited

Next week, we're gathering for our **first Connect event of 2026**, and it feels especially meaningful and on-time! This is a perfect opportunity to join in the hustle and bustle of starting the new year with our virtual event offering. Join today-

Connect events are not about pitching or performing.

They're about **real conversations, shared energy, and remembering you don't have to grow alone**.

- 🌟 Come as you are
- 🌟 Meet aligned humans and practitioners
- 🌟 Ground into the year ahead—together

Whether you're brand new to The Collective Journey or have been walking with us for a while, this space is for you.

Step into 2026 with clarity, intention, and focus.

**This virtual session is designed to help you:**

- 🌟 Map out your personal and professional goals
- 🌟 Reset your mindset for the new year
- 🌟 Set intentions aligned with the "Elevate & Expand" annual theme

📅 Wednesday, January 14th, 2026

📍 Virtual - Zoom link will be provided upon sign up

[REGISTER HERE](#)

#### 🌟 What to Expect This Year

Each month in 2026, we'll explore a guiding theme—through:

- Community gatherings
- Practitioner spotlights
- Events (virtual & in-person)
- And deeper reflections led by our CEO, **Daphne Paras**

This is a year of **intentional expansion**, shared wisdom, and collective support.

And it begins now.

#### 🌿 A Gentle Reflection for the Week

As we open this new year, we invite you to reflect on one simple question:

**What does rising look like for you—without rushing?**

Hold that question with curiosity.  
There's no right answer yet.

We're so glad you're here for what's unfolding.

With gratitude and excitement,  
**The Collective Journey Team**

#### 💚 Stay Connected with The Collective Journey

We're honored to walk this sacred path with you—uplifting, supporting, and inspiring one another every step of the way.

To continue growing together, we'd love for you to stay connected with us through our online spaces:

🌟 Discover new events, meet incredible local practitioners, and explore meaningful tools to support your journey.

🌟 **Follow us on social media:**

📘 **Facebook:** [facebook.com/thecollectivejourney](https://facebook.com/thecollectivejourney)

📷 **Instagram:** [instagram.com/thecollectivejourney25](https://instagram.com/thecollectivejourney25)

📍 **Meetup:** [meetup.com/the-collective-journey](https://meetup.com/the-collective-journey)

🌟 **Explore more:**

Visit our homepage to browse upcoming events, discover local practitioners, and find your next step on the journey:

🌐 [www.thecollectivejourney.org](https://www.thecollectivejourney.org)

Feel free to share this with your community, and keep an eye out for more events, practitioner spotlights, and spiritual tools coming your way.



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