



Hello beautiful community,

This week, we continue our *New Year, Next-Level You* journey with a theme that feels especially important right now: **starting rooted, not rushed.**

So often, the new year comes with pressure to move faster, do more, and fix everything all at once. But true transformation doesn't come from force. It comes from grounding. From safety. From support. From remembering that your nervous system and your heart lead the way.

That's why we are so excited to introduce a new feature in The Collective Journey™:

#### ✦ Provider Spotlight ✦

Each month, we'll be highlighting one of our incredible TCJ providers so you can get to know the depth, wisdom, and healing they bring into this community. These spotlights are an invitation to connect with practitioners who truly embody the values of TCJ: integrity, presence, compassion, and conscious growth.

And we couldn't imagine a more perfect soul to begin with.

#### ✦ TCJ Provider Spotlight: Jill Kempner ✦



Jill Kempner is an Angel Coach, energy healer, and author of *Receiving From Your Angels*. She supports sensitive, intuitive souls who are navigating grief, trauma, chronic pain, or major life transitions and want to feel safe, supported, and guided again.

Her work blends angelic guidance with grounded healing practices that help people reconnect with their bodies, their intuition, and their inner truth.

Jill's path is deeply embodied. She doesn't teach from theory; she teaches from lived experience. Her journey includes profound loss, trauma, and deep pain, and through her daily spiritual practice, especially her connection with angels, she found real, practical support during the hardest seasons of her life. What began as personal survival became a calling to help others heal without bypassing their humanity or forcing transformation.

What makes Jill's work so unique is the way she weaves angelic connection with embodied healing. She combines Angel Reiki, Integrated Energy Therapy (IET), parts work, and her signature **Relax, Release, Receive** process to help people gently and sustainably process physical and emotional pain.

Her work is not about fixing or rushing. It's about creating safety so healing can unfold naturally.

Her coaching programs are designed to help you reclaim your power from pain and receive the gems of your journey.

#### ✦ Current Offerings from Jill ✦

##### 👉 The Angelic Alchemist Membership

A sacred year-long membership that includes 12 monthly angelic healing virtual workshops designed to support emotional healing, intuitive development, and soulful integration.

Founding Member enrollment is currently open.

🔗 <https://go.jillkempnerhealing.com/angelalchemist>



##### 👉 Angelic Pain Relief Consult

A one-hour private Zoom consultation for those experiencing physical pain, emotional overwhelm, or unresolved grief. This is a compassionate, heart-centered space to explore the deeper energetic and emotional roots of pain and discover how Jill's Angel Coaching can support your healing.

🔗 <https://angejill44.wufoo.com/forms/zx3gcp81gh35px/>

#### 🔗 Connect with Jill

Website: [www.jillkempnerhealing.com](http://www.jillkempnerhealing.com)

Instagram: [@angejill44](https://www.instagram.com/angejill44)

YouTube: [Jill Kempner @angejill44](https://www.youtube.com/channel/UC...)

Email: [allangelsjill44@gmail.com](mailto:allangelsjill44@gmail.com)

If your nervous system is craving gentleness, grounding, and sacred support as you step into this new year, Jill is a beautiful practitioner to explore.

This week's invitation is simple:

✦ *Meet a practitioner who helps you start rooted, not rushed.*

With gratitude,

The Collective Journey™ Team

#### ♥ Stay Connected with The Collective Journey™

We're honored to walk this sacred path with you—uplifting, supporting, and inspiring one another every step of the way.

To continue growing together, we'd love for you to stay connected with us through our online spaces:

✦ Discover new events, meet incredible local practitioners, and explore meaningful tools to support your journey.

✦ Follow us on social media:

Facebook: [facebook.com/thecollectivejourney](https://www.facebook.com/thecollectivejourney)

Instagram: [instagram.com/thecollectivejourney25](https://www.instagram.com/thecollectivejourney25)

Meetup: [meetup.com/the-collective-journey](https://www.meetup.com/the-collective-journey)

✦ Explore more:

Visit our homepage to browse upcoming events, discover local practitioners, and find your next step on the journey.

🔗 [www.thecollectivejourney.org](http://www.thecollectivejourney.org)

Feel free to share this with your community, and keep an eye out for more events, practitioner spotlights, and spiritual tools coming your way.



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